



**ARE YOU UNSURE ABOUT YOUR
RELATIONSHIP?**

**DOMESTIC ABUSE IS NOT JUST PHYSICAL
ONE IN SIX VICTIMS ARE MEN**

COERCION AND THREATS

**CONTROL OVER WHERE
YOU GO**

**CONTROL OVER YOUR
FINANCES**

EMOTIONAL ABUSE

HUMILIATION

INTIMIDATION

**SAYING THEY WON'T
BELIEVE A MAN**

If you are experiencing any of the above, call
Look Ahead's free confidential helpline:

0333 010 4660

Open 10am - 3pm Monday - Friday

You will not be judged and we will take your concerns seriously.

